CAPELLA
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Capella is a task chair designed just for you. Whoever you are or wherever you work, you just sit comfortably in this unique and innovative chair. It is an offspring of our experience and focuses on your well-being. The chair’s FreeMotion provides well-balanced micro-movements in the seat, for active sitting and a healthy mindset. The sleek, timeless shape, with its slimmed back and well-tailored details, is designed by Johan Larsvall and his team at Idesign.

FOR YOUR ACTIVE SITTING

Capella is a new type of task chair. Designed to keep your body moving. Sitting correctly is about moving your body. At the heart of Capella is a new innovative FreeMotion mechanism. It provides well-balanced micro-movements in the seat and promotes active sitting. All to help you feel good. With its unique features, Capella merges everything Kinnarps knows about what is most important when it comes to task chairs. You sit with optimal ergonomic comfort. And it has many adjustment options to allow you to find the seated position that suits you best. The intuitive controls also enable you to easily adjust the chair to your own liking. Capella is appealing and well-designed. With pure lines and simple geometry. It is a top-quality chair with a focus on sustainability. Capella also has its sights set on today's creative and flexible way of working. Its user-friendliness and ease of adjustment makes it a great choice in activity-based working environments, where the same chair is used by different individuals for different tasks during the working day.
YOUR BEST WORKPLACE

Whatever type of work you do, you will need a functional and ergonomically-designed working environment. All this to help you enjoy work, be motivated, perform well and feel good. Capella is an important part of this whole. A comfortable and well-designed task chair that is easy to like. Used with a desk, screen and storage unit, it adapts easily to your needs and workstyle. And becomes a part of an appealing and well thought-out environment that creates positive feelings and well-being.
FUNCTIONAL AND ERGONOMICAL
JOHAN LARSVALL - IDESIGN

The Swedish designer Johan Larsvall and his team at Idesign have designed many successful task chairs for Kinnarps. Their goal with Capella was to design an elegant and ergonomic task chair based on straight geometry. With care and comfort in all parts. A slimmed back, well-designed seams, floating armrests, an elegant star base and inviting seat. All parts are equally important to completing the appealing whole. Which makes Capella just as comfortable to sit in as it is pleasing to look at. A chair that stands the test of time.

“With Capella, we worked toward attaining a simplicity and purity in both the total design and the fine details. Streamlined aesthetics that meet correct ergonomics. Where the sober shape becomes a part of the simple design, which gives the chair its unique character.”

- Johan Larsvall
Design: Idesign
FREEMOTION™ MAKES YOU MOVE
Sitting correctly and feeling good is about moving your body. Capella’s innovative FreeMotion mechanism creates the best conditions for active sitting through well-balanced micro-movements in the seat. All to help you do more. And feel better. Capella is also a chair that offers a high level of comfort. And the correct support for your entire body. The chair back is carefully designed to follow the contour of your spine. And the seat is designed to suit as many different types of people as possible. Its seat depth can also be adjusted to suit different body shapes. Backrest angle adjustment and lumbar support can be selected for extra comfort. It is easy to adjust the new multifunctional armrests to suit your needs. They can also be moved closer to your body in a simpler and more intuitive way. Capella is an active chair. A chair that adapts to you and not the other way around.
NEXT OFFICE™ – ACTIVITY BASED WORKING

Nowadays, with the help of technology, we can work whenever and wherever we like. The need for personal workplaces is on the decline and there is instead an increasing need for flexible, activity-based environments. Where you can find an optimal balance between private and social spheres, between meetings and individual work, and between concentration and dialogue. With its user-friendliness and intuitive functionality, Capella is ideal for these working environments. Where it is easily adapted to suit different users and situations during a working day.
FOR A CREATIVE CLIMATE

With its pure design, Capella suits many different types of working environments. Naturally becoming part of larger and smaller groups that share the working day with each other. You can place chairs side by side. Opposite each other or on their own. Whatever the situation it can be part of a complete solution. And works well in both an individual workstation or with a bench shared by many people.
USER-FRIENDLY FUNCTIONALITY

We have partnered with Professor Anna-Lisa Osvalder, researcher at Chalmers University of Technology in Gothenburg when designing Capella. She helped with the design and positioning of the control levers by testing and evaluating different prototypes during the development stage. This resulted in making Capella a very intuitive chair. You can easily use its unique functionality in a correct manner to get the best possible comfort and ergonomic seating experience. The new-developed levers are positioned to give easy access to all the adjustments needed to help you sit correctly, with clear direction in the chair design to show what they can be used for. For instance, the grey details made of soft plastic encourage you to “twist here”. It makes it easy for you to feel where and how to adjust without having to look at the lever. All to make the chair easy to adjust to yourself and your needs.

“Capella is developed with an extensive ergonomic mindset and a focus on personalisation. It opens the way to flexible seating in varying working postures and is easy to adjust and adapt to each user. The levers are intuitive and adjustments can be done in a logical sequence. It is also easy to reach and adjust all levers in a comfortable manner when sitting in the chair.”

Anna-Lisa Osvalder, Professor in Human Machine systems and senior lecturer in Ergonomics at Chalmers University of Technology in Gothenburg.
FUNCTIONS & OPTIONS

FREEMOTION™ - FOR ACTIVE SEATING

Capella’s FreeMotion mechanism creates the conditions for active sitting through well-balanced micro-movements in the seat. The seat and the back of the chair move independently of each other and in this way follow your movements. You can easily set the tilting resistance and also variably lock the tilt. The seat is never locked but moves with micro-movements even when the tilt is locked.
SEAT HEIGHT
You can easily set the chair’s seat height to suit you and your height. This is to give your body the best possible support. Adjust the height so that your feet are flat on the floor and your knee joints are in a 90° position.

ADJUSTABLE BACKREST ANGLE
Backrest angle adjustment (ADBA) is available as optional. This allows you to angle the chair back at the lumbar support. In this way, the top chair section comes closer to your body. This is to give you the best possible shoulder and back support.

BACK HEIGHT
All back adjustments are carried out on the chair back. It is important to set the chair back height so that your lumbar back area is properly supported.

SEAT DEPTH
The seat depth can be adjusted in relation to the chair back to give the best possible seating position and support for your legs and thighs. It is good to have 20 to 30 mm between the back of the knee and the seat for the best possible comfort.

ADJUSTABLE LUMBAR SUPPORT
Additional lumbar support (ADLU) that augments the lumbar support is available as optional. The lumbar support is adjusted by turning a knob at the rear of the chair back.

LOCKING CHAIR TILT
The chair back tilt can be locked in various positions. The seat is never locked but moves with micro-movements even when the tilt is locked.
FUNCTIONS & OPTIONS

LOW OR MEDIUM HIGH BACK
The low back is 600 mm high and the medium high version is 700 mm. Both are height adjustable (90 mm) and can be fitted with a headrest, lumbar support and back angle adjustment. The SafeBack function guarantees a safe return to an upright position when the back support is released from a locked reclining position.

CHAIR TILT RESISTANCE
The round lever allows you to easily set the tilting resistance in the chair to fully customise it to your needs.

HEADREST
The adjustable headrest (NC) offers full movement functionality. It can be set forward or backward (200 mm) or tilted. It is also height-adjustable (240 mm).

ARMRESTS
Multifunctional armrest, depth, angle, width and height (90 mm) adjustable. All to find the best setting for your arms and shoulders. The variable adjustment takes place in clear steps and the armrests are easily moved closer to your body.

PLASTIC STAR BASE
The 5-star base is stylish and ergonomically designed with well-marked support for the feet. By resting your feet on the star base, you take the pressure off the back of your thighs to create a restful position. The Black Edition model is fitted with this base.

ALUMINIUM FIVE-STAR BASE
CASTORS
Capella has a new type of castor which is considerably quieter than traditional castors. They roll easily when loaded and brake slightly when the chair is unloaded. Castors can be chosen depending on the type of flooring you have. The hard flooring castor (CASTNN60 - black with grey wheel guide) is available as standard.

CASTOR OPTION
The soft flooring castor (CASTNN60SF - black) or glide (black) are available as options.

FOOTRING
The Capella chairs with the higher gas springs can be fitted with a footring (FR540 - black) to take the pressure off your legs and feet. It is attached around the gas spring and is variable height adjustable. The highest gas spring model (270 mm) is always fitted with glides.

GAS SPRING
The standard gas spring (KGAS0 - 130 mm) is made of metal and is available in two finishes, graphite black or chrome. Two gas springs offering additional height (KGAS80 - 190 mm and KGSA190 - 270 mm) are available as options. They are available in black or frosted chrome and can be combined with a footring. Note that the highest model (270 mm) can only be fitted with glides and not castors.
KINNARPS COLOUR STUDIO

Be inspired by our unique and wide range of fabrics - Kinnarps Colour Studio. It includes everything you need when it comes to creative and beautiful fabrics. An appealing collection with a large selection of colours, materials and patterns. With different characters and feelings. A combination of classical elegance and the latest trends. All to give your interior design your own personal touch. Find the look and atmosphere that works best with your interior.

www.kinnarps.com/kcs
SWEDISH-MADE SUSTAINABILITY

Capella is a Swedish-made task chair with a focus on quality and sustainability. We are responsible for and in control of the whole manufacturing chain, from raw material procurement and production, to transportation and packaging reuse. In our accredited test laboratory we make sure that the chair meets international quality standards. This guarantees that Capella offers the best possible task chair quality. With its long durability, the chair also is the best choice for the environment. The innovative solutions that make Capella so unique include for instance that the new mechanism is made of lightweight material (100% recyclable) and uses less parts than previously. Another benefit is a new production method which separates the different materials used in the chair from each other. This is to simplify the dismantling process when recycling.
**Parts and Options**

- **Headrest**
  - Headrest - frame: black, white
  - Headrest - cover: black, polished

- **Armrest**
  - Armrest pad: black, light grey
  - Armrest limb: black, white
  - Armrest joint: black, polished

- **Mechanism**
  - Black, white

- **Gas spring**
  - Black, polished

- **Star base**
  - Black, silver, polished

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<th>STAR BASE</th>
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<th>MECHANISM</th>
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White Edition (EDW)
CAPELLA’S DIFFERENT EXPRESSIONS

Capella is available in four unique editions, or finishes. You can choose between the black edition, silver edition, polished edition and white edition. A fifth mixed edition, where you decide on the combination of components, is also available. Your customised selection can vary the chair’s finish and colour from the requisite parts such as star base, gas spring, armrests etc. The options allow you to create a chair with a unique look and finish. With a consistent overall design adapted for various types of working environment.
**BUILD YOUR OWN CHAIR**

On our website you can quickly and easily create your own Capella. Choose between different options such as armrests, headrests, low or medium-high backs. Or you can choose different colours and different materials used for instance in the star base and other details. All so that you can see how the options you choose look together. And create the best chair for you.

www.kinnarps.com/capella

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**CAPELLA TASK CHAIR**

**MECHANISM**

FreeMotion creates the conditions for active sitting through well-balanced micro-movements in the seat. The seat is never locked but moves even when the tilt is locked. **SEAT** Adjustable seat height (gas spring KGAS0 made of metal, in black or chrome finish), adjustable seat depth. **BACK** Low or medium-high, height adjustable back. **TILT** Adjustable tilt resistance and lockable tilt. **PADDING** Moulded polyether. **STAR BASE** Plastic black star base (Black Edition) (CB9) with hard flooring castors (CASTNN60, black with grey wheel guide) Aluminium star base (CB10) in silver grey or polished finish (Silver, Polished and White Edition). **OPTIONS** Headrest (NC), adjustable lumbar support (ADLU) and adjustable back angle (ADBA) are available as options. Gas spring options with extra height (KGAS 80 - 190 mm and KGAS 190 - 270 mm), in black or frosted chrome which can be combined with a footring (FRS40, black). Soft flooring castors (CASTNN60SF, black) or glides (black). **ARMREST** Multifunctional armrest which is depth, angle, width and height (10 mm) adjustable. Armrest pad 220 x 10 mm in soft, moulded TPU. **UNIT** mm. **DESIGN** Johan Larsvall, Idesign.

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**TABLE**

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2015-05
We believe in making life better at work. At Kinnarps, we do more than just sell furniture. With products and services to match your needs, we deliver inspiring and effective workspace solutions to help your organisation prosper.

www.kinnarps.com